PORTALES MUNICIPAL SCHOOLS
7th THRU 12th GRADE
Choice of Fat Free Chocolate (30g),
Fat Free Strawberry (30g), or 1% White Milk (13g)
FRUIT AND SALAD BAR OFFERED DAILY

## **NOVEMBER 2022**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY 10/12/22				
MONDAY	TUESDAY	Chef SALAD Available Daily for lunch WEDNESDAY	THURSDAY	FRIDAY
III ON DATE	1	2	3	4
	Morning Roll, Applesauce, Juice	BREAKFAST Waffle, Sliced Apples, Juice	BREAKFAST Egg & Cheese English Muffin, Banana, JuiceLUNCH	BREAKFAST Pizza, Apple Crisps, Juice
	Pizza, Broccoli, Carrots, Peaches	Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit	Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Pears	Hoagie, Lettuce & Tomato, Carrots, Chips, Slushie
	Cheese Nachos, Carrots, Broccoli, Peaches	Cheeseburger, Fries, Lettuce & Tomato, Fresh Fruit	Corn Dog, Baked Beans, Cucumber, Pears	Chicken Wings, Fries, Celery Sticks, Breadsticks, Slushie
7 ~~BREAKFAST~~	8 ~~BREAKFAST~~	9 ~~BREAKFAST~~	10 BREAKFAST	11 ~~BREAKFAST~~
Cheese Filled Bread Stick, Fruit Cup, Juice	Cake Donut, Applesauce, Juice	Mini Muffin, Egg Bites, Sliced Apples, Juice	Eggstravaganza Burrito, Banana, Juice	Pancake Bites, MixZees Dried Fruit, Juice
~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~THANKSGIVING DINNER	~~LUNCH~~
Chicken Sandwich, Fries, Broccoli, Mixed Fruit	Pizzaboli Bites, Broccoli, Carrots, Peaches	Hamburger, Baked Beans, Lettuce & Tomato, Fresh Fruit	Turkey & Gravy, Dressing, Mashed Potato, Roll, Fruit Salad, Pumpkin Pie	Drumsticks, Macaroni & Cheese, Green Beans, Carrots, Applesauce
OR	OR	OR	OR	OR
Spaghetti, Green Beans, Breadsticks, Mixed Fruit	Beef & Potato Burrito, Pinto Beans, Salad w/Tomato, Peaches	Asian Chicken, Rice, Broccoli & Carrots, Pineapple	Pizza, Salad w/ Tomato, Cucumber, Pears	Meatball Sub, Fries, Lettuce & Tomato, Applesauce
14BREAKFAST	15  BREAKFAST	16  BREAKFAST	17ENMU GAME DAY	18
Benefit Bar, Fruit Cups, Juice	Pancake on a Stick, Applesauce, Juice	Cream Cheese Bagel, Sliced Apples, Juice	Egg & Cheese Biscuit, Banana, Juice	Cereal, Cheese Stick, Apple Crisp, Juice
~~LUNCH~~	LUNCH	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~
BBQ Sandwich, Fries, Broccoli, Mixed Fruit	Beef & Cheese Nachos, Pinto Beans, Carrots, Pears	French Bread Pepperoni Pizza, Green Beans, Fresh Fruit	Chicken Nuggets, Mashed Potato, Cucumbers, Gravy, Roll, Peaches	Frito Pie, Corn, Carrots, Applesauce
OR	OR	OR	OR	OR
Ram Bowl (Popcorn Chicken, Mashed Potato, Corn, Brown Gravy, Cheese), Biscuit, Fresh Fruit	Chicken Sandwich, Fries, Broccoli, Applesauce	Asado w/Tortilla, Refried Beans, Carrots, Mixed Fruit	Sandwich, Carrots, Craisins, Chips, Cookie, Juice	Chili Dogs, Chips, Carrots, Broccoli, Pears
21	22	23	24	25
NO	SCHOOL	Happy Thanksgiving		And the second s
I		Tieceren		TURKE
28BREAKFAST	29 BREAKFAST	30 BREAKFAST		
Ultimate Breakfast Round, Fruit Cups, Juice	Morning Roll, Applesauce, Juice	Waffle, Sliced Apples, Juice	FREE BREAKFAST	
~~LUNCH~~	~~LUNCH~~	~~LUNCH~~		
Hoagie, Lettuce & Tomato, Carrots, Chips, Slushie	Pizza, Broccoli, Carrots, Peaches	Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit	AND LUNCH	
OR	OR	OR		
Chicken Wings, Fries, Celery Sticks, Breadsticks, Slushie	Cheese Nachos, Carrots, Broccoli, Peaches	Hamburger, Fries, Lettuce & Tomato, Fresh Fruit	FOR ALL STUDENTS	